

## Healthy Relationships

1. [LovelsRespect.org](https://lovelsrespect.org) The ultimate resource to empower youth to prevent and end dating abuse.
2. [Real Talk About Sex and Consent: What Every Teen Needs to Know](#) By Cheryl M. Bradshaw, MA. This book is a comprehensive guide with essential information about setting boundaries, coercion, reciprocity, and communication. It also includes hard facts about sex and trauma, the effects of pornography and cultural expectations, and much more
3. [Consent Videos by AMAZE](#) Fun, animated, inclusive and sex positive short videos to help tweens and teens learn about consent, personal safety, and healthy relationships
4. [Sex, Teens, and Everything in Between: The New and Necessary Conversations Today's Teenagers Need to Have about Consent, Sexual Harassment, Healthy Relationships, Love, and More](#) by Shafia Zaloom. The only book you need to start a conversation with your kids about sexual harassment, consent, #metoo, and more
5. [Let's Talk About Body Boundaries, Consent and Respect: Teach children about body ownership, respect, feelings, choices and recognizing bullying behaviors](#) by Jayneen Sanders. Teaching young children about body boundaries, both theirs and others, is crucial to a child's growing sense of self, their confidence and how they should expect to be treated by others.
6. [30 Days of Sex Talks for Ages 8-11: Empowering Your Child with Knowledge of Sexual Intimacy](#) by Educate Empower Kids. Written by parents and reviewed by professionals, the 30 Days of Sex Talks program makes it simple for you to discuss love, sex, changing bodies, as well as address dangerous messages from the media and various online sources
7. [GIRL: Love, Sex, Romance, and Being You](#) by Karen Rayne, PhD. This book is an inclusive growing-up guide for teen girls with information on gender and identity, dating and romance, relationships, and sex
8. [Our Bodies, Ourselves](#) by Boston Women's Health Book Collective. A comprehensive guide to all aspects of women's health and sexuality including menopause, birth control, childbirth, sexual health, sexual orientation, gender identity, mental health and general well-being.
9. [Boys & Sex: Young Men on Hookups, Love, Porn, Consent, and Navigating the New Masculinity](#) Peggy Orenstein dives back into the lives of young people to give voice to the unspoken, revealing how young men understand and negotiate the new rules of

physical and emotional intimacy. Drawing on comprehensive interviews with young men, psychologists, academics, and experts in the field, *Boys & Sex* dissects so-called locker room talk

10. [Join One Love](#) Website about easily recognized signs of a Healthy and Unhealthy Relationship. Site includes short educational films about relationships.