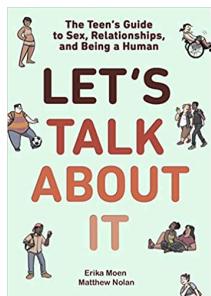


## Resources: Pornography

### For Young Adults:



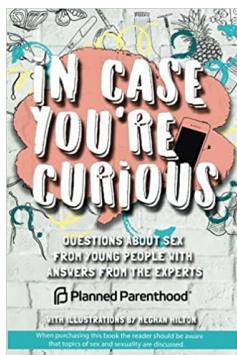
An inclusive, accessible and honest graphic novel guide to growing up, from gender and sexuality to consent and safe sex. Perfect for any teen starting to ask...Is what I'm feeling normal? Is what my body is doing normal? Am I normal? How do I know what are the right choices to make? How do I fix it when I make a mistake? Let's talk about it. This book offers clear and sound advice for youth.

**Keep It Real Online:** Education and resources for parents, caring adults, and young people to learn about online safety, porn literacy, cyberbullying, sexting, and media literacy. Created by the New Zealand Government.

<https://www.keepitrealonline.govt.nz>

**AMAZE Videos on Pornography:** Animated, fun, inclusive and sex positive short videos to help tweens and teens learn about media literacy, porn, sexting and safety online. Free to subscribe to channel and available on YouTube.

<https://amaze.org/tagged/?tag=porn>



Did you ever walk out of class having even more questions than when you walked in? You may feel that way about history or math, but what about your sexual health class (if you even had one)? If you're anything like most of the youth in America today, your head is probably spinning with a swirling, high-speed hurricane of questions. It is totally normal to be curious and to have questions about relationships, bodies, consent . . . you name it!

But where can your average teen go to get all the reliable and accurate answers they need? *In Case You're Curious*, a text-and-answer program conceived by Planned Parenthood, has been providing this educational service for teens for years. And now *In Case You're Curious* is a big book of answers—with funny and educational illustrations—to the most popular and most interesting questions young people have about birth control, development, sexually transmitted diseases, and so much more.

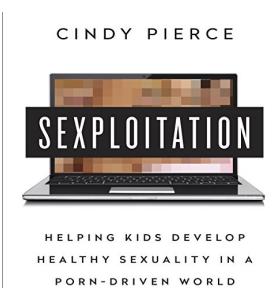
Within these pages you will find nonjudgmental (and fun!) answers meant to educate teens without the uncomfortable silence or weird eye contact often associated with "The Talk." *In Case You're Curious* isn't afraid to tackle the nitty-gritty questions, such as "Does masturbating give you a disease?" and "Is the pineapple thing true?" that you may think twice about raising your hand to ask in your sexual health class or at home.

**Let's Talk About Porn Podcast** (Six Minute Sex Ed Podcast) This episode of the Six Minute Sex Ed Podcast is a level two, perfect for tweens, teens, and up. Listen to it as a family to learn together and discuss.

**Let's Talk About Nudes Podcast** (Six Minute Sex Ed Podcast) This episode of the Six Minute Sex Ed Podcast is a level two, perfect for tweens, teens, and up. Listen to it as a family to learn together and discuss.

### For Parents & Caregivers:

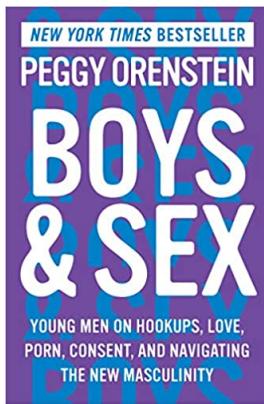
1. **Sex Positive Families: *Having the Porn Talks***  
<https://sexpositivefamilies.com/porn-talks-a-guide-for-families/>
2. **How To Talk To Your Kids About Porn** (Huffpost Article) The idea of talking to your child about pornography may feel terrifying, humiliating or just straight-up awkward. But it's a necessary conversation for parents who want to raise kids with a healthy understanding of sex.
3. **Give The Talk**: Website that discusses how to talk to kids before the porn industry does.
4. **The #Askable Parent Guide to Porn** From AMAZE Video Series - just for parents!
5. **Website: [Scarleteen.com](http://Scarleteen.com)**

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6. **Book or Audible:** As surprising as it may be to parents, young people today are immersed in porn culture everywhere they look. Through Internet porn,

gaming, social media, marketing, and advertising, kids today have a much broader view of social and sexual possibilities, which makes it difficult for them to establish appropriate expectations or to feel adequate in their own sexuality. Even more important, no one is talking to kids directly about the problem. Parents tend to convince themselves that their children are immune to cultural influences, wait until it comes up, or hope schools and pediatricians will address the issues. Educators and doctors may be able to start the conversation, but it is fundamentally a parent's job to provide information about sex and relationships early and often to help young people find their way through their social and sexual lives. Delaying the necessary but awkward conversations with their kids leaves them vulnerable. The media, marketers, and porn and gaming industries are eager to step in anywhere parents choose to hold back.

*Sexploitation* exposes the truth to parents, kids, educators, and the medical profession about the seen and unseen influences affecting children, inspiring parents to take the role as the primary sexuality educator. With more information, parents will gain conviction to discuss and develop values, expectations, boundaries, and rules with their kids. Kids who enter their teens with accurate information and truths stand a better chance of developing an "inner compass" when it comes to sex and relationships, which sets them up for a healthy adulthood.

In her comic and straightforward style, Pierce brings together the latest research with anecdotal stories shared with her by high school and college students in the thick of it.



7. **Peggy Orenstein Book:** Boys are subject to the same cultural forces as girls—steeped in the same distorted media images and binary stereotypes of female sexiness and toxic masculinity—which equally affect how they navigate sexual and emotional relationships. In *Boys & Sex*, Peggy Orenstein dives back into the lives of young people to once again give voice to the unspoken, revealing how young men understand and negotiate the new rules of physical and emotional intimacy. Drawing on comprehensive interviews with young men, psychologists, academics, and experts in the field, *Boys & Sex* dissects so-called locker room talk; how the word "hilarious" robs boys of empathy; pornography as the new sex education; boys' understanding of hookup culture and consent; and their experience as both victims and perpetrators of sexual violence. By surfacing young men's experience in all its complexity, Orenstein is able to unravel the hidden truths, hard lessons, and important

realities of young male sexuality in today's world. The result is a provocative and paradigm-shifting work that offers a much-needed vision of how boys can truly move forward as better men.