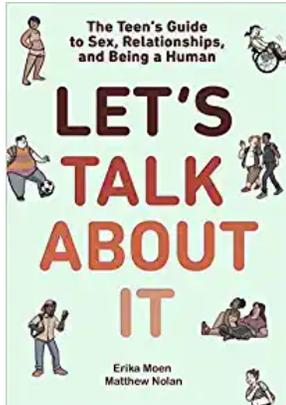


## Resources: Pleasure



1. An inclusive, accessible and honest graphic novel guide to growing up, from gender and sexuality to consent and safe sex. Perfect for any teen starting to ask...Is what I'm feeling normal? Is what my body is doing normal? Am I normal? How do I know what are the right choices to make? How do I fix it when I make a mistake?

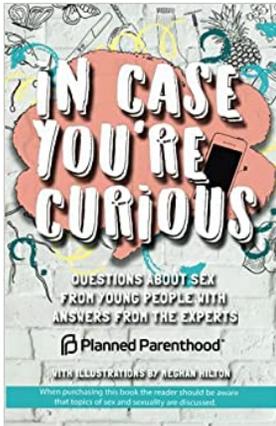


2. *Sex Positive Talks to Have With Kids* is a bestselling comprehensive guide that helps caregivers create the kind of bond that keeps kids safer, informed, and empowered in their sexual health. Melissa Carnagey, renowned sexuality educator for youth and families, walks you through over 150 conversation starters, reflection exercises, and activities you can begin implementing at every age and stage on topics such as: bodies, feelings, safe and unsafe touch, consent, relationships, menstruation, pleasure, online porn, gender, sex, and more. This book is perfect for any parent or caregiver that's ready to normalize the talks and become the trusted adult we all needed growing up!
3. **Sex Positive Families [Podcast](#): Pleasure in the Early Years.**

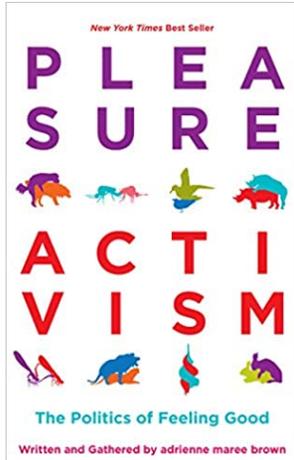
4. Six Minute Sex Ed [Podcast](#): Masturbation



5. HuffPost [Article](#): **How To Talk To Your Kids About Masturbation In a Healthy Way.** *Expert-backed guidelines for parents who want to raise kids with a healthy understanding of sex.* By Caroline Bologna.

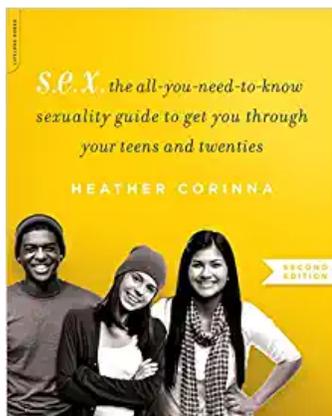


6. Did you ever walk out of class having even more questions than when you walked in? You may feel that way about history or math, but what about your sexual health class (if you even had one)? If you're anything like most of the youth in America today, your head is probably spinning with a swirling, high-speed hurricane of questions. It is totally normal to be curious and to have questions about relationships, bodies, consent . . . you name it!
7. [Videos](#) about Masturbation from AMAZE.



8. How do we make social justice the most pleasurable human experience? How can we awaken within ourselves desires that make it impossible to settle for anything less than a fulfilling life? Author and editor Adrienne Maree Brown finds the answer in something she calls “pleasure activism,” a politics of healing and happiness that explodes the dour myth that changing the world is just another form of work. Drawing on the black feminist tradition, she challenges us to rethink the ground rules of activism. Her mindset-altering essays are interwoven with conversations and insights from other feminist thinkers, including Audre Lorde, Joan Morgan, Cara Page, Sonya Renee Taylor, and Alexis Pauline Gumbs. Together they cover a wide array of subjects—from sex work to climate change, from race and gender to sex and drugs—building new narratives about how politics can feel good and how what feels good always has a complex politics of its own.

9. **How to Talk to our Girls about Sex and Pleasure:** [Article](#) from **InBetween**.



10. The go-to sex ed guide for teens and young adults, tackling everything you want to know about sex, from consent, safe sex, emotional health and more, from the founder of scarleteen.com.