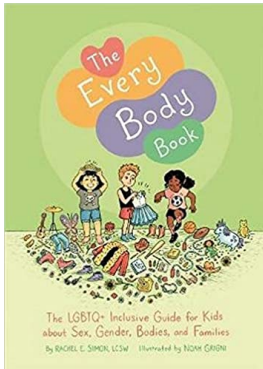


Resources: Sexual Orientation / LGBTQ+

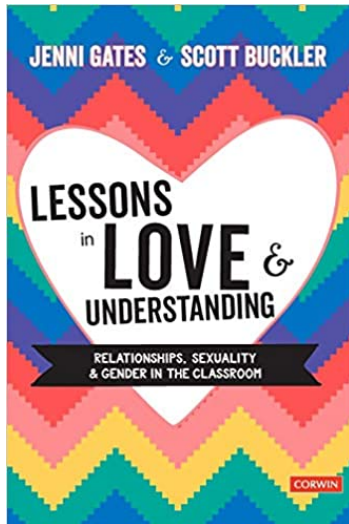
1. **What is Gender Identity & Sexual Orientation** from Planned Parenthood's Roo High School. [Video on YouTube](#).
2. [Sexual Orientation Podcast](#) from Six Minute Sex Ed.



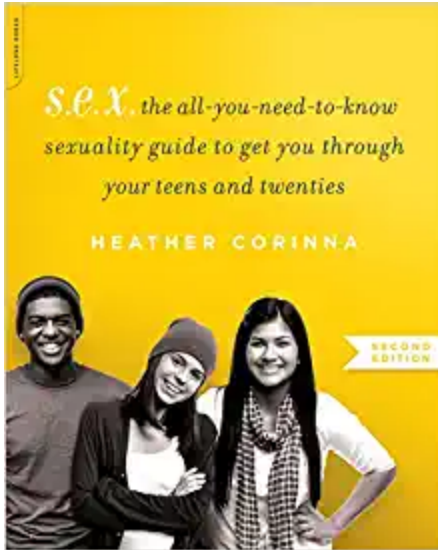
3. An illustrated LGBTQ+ inclusive kid's guide to sex, gender and relationships education that includes children and families of all genders and sexual orientations, covering puberty, hormones, consent, sex, pregnancy and safety.



4. Listed as a 2019 Chicago Public Library Best of the Best book, as one of the Best LGBTQ Graphic Novels of 2019 by The Advocate and a Notable Children's Book by the The Association for Library Service to Children, a division of the American Library Association!



5. Sex and gender are delicate and nuanced issues for all of us and can be intimidating topics to teach. This practical, empathetic book aims to dispel some of the uncertainties that many teachers have and empower them to lead inclusive, age-appropriate lessons in primary and secondary schools.
Taking an approach that celebrates the individual identity of all learners, and underpinned by an awareness of the complexity of language around these topics, this book offers a careful evaluation of the 2020 Relationship and Sex Education policy for schools in England, and how schools can offer intelligent, socially responsible, sex education that goes beyond simply meeting statutory requirements.
6. [Every Body Curious Video](#) About Orientation



7. The go-to sex ed guide for teens and young adults, tackling everything you want to know about sex, from consent, safe sex, emotional health and more, from the founder of scarleteen.com.

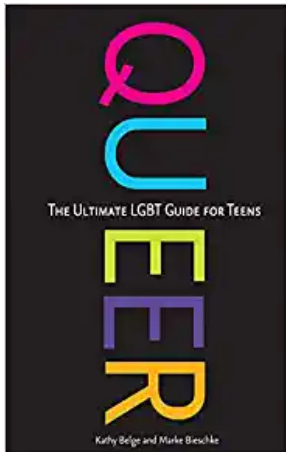
As a teen or emerging adult, dealing with all the changes going on in your life, body, and mind can be mighty overwhelming. When it comes to sex, everyone seems to have strong feelings and opinions about who you should be and what you should (shouldn't) do. How do you decide who to listen to? Heather Corinna and Scarleteen have provided sex education and information to millions of young people, parents, and mentors since 1998; *S.E.X.* tackles all the big topics:

Self-image and how to find and claim your own sexual self

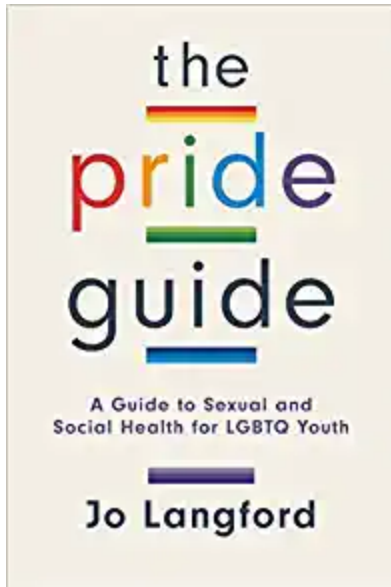
- How to best protect and support your sexual and emotional health
- Sorting out gender and sexual identities, even when they're complicated and confusing
- The latest on contraceptive methods and other reproductive choices, sexually transmitted infections, and safer sex
- Finding, creating, and managing healthy and happy relationships
- How to set and respect limits and boundaries, and rock consent
- Identifying, preventing, or healing from abuse or assault
- ...and much more.

Whatever your gender or sexual identity, whether you've already been actively exploring your sexuality or are only just getting curious, *S.E.X.* clearly spells out what you need and want to know--no shame, no judgement, just comprehensive and accurate info in a clear, straightforward language.

8. [Scarleteen Website](#): Sex Ed for The Real World. This site covers topics for teens on Bodies, Gender, Sexual Identity, Relationships, Sex & Sexuality, Sexual Health, Pregnancy & Parenting, Abuse, Disability, SExual Politics, Advice. They have message boards, live chat and SMS/Text capabilities.
9. [The Gender Unicorn Website](#) An educational tool created by Trans Student Education Resources to help people understand the spectrums of gender identity, gender expression, sex assigned at birth, physical and emotional attraction.



10. **Queer: The Ultimate LGBT Guide for Teens** by Kathy Belge. This book is a humorous, engaging, and honest guide that helps LGBT teens come out to friends and family, navigate their new LGBT social life, figure out if a crush is also queer, and rise up against bigotry and homophobia.



11. Sex education materials meant to explain important basics to kids are too-often not written with an empathic understanding of what those basics are. This is particularly obvious regarding books that include LGBTQ identities. Even when they do hit the mark, many have a limited scope and don't take into account the practical realities of developing sexuality.