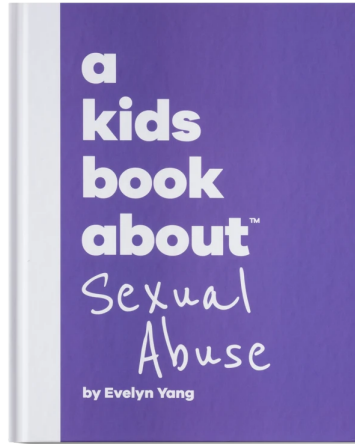


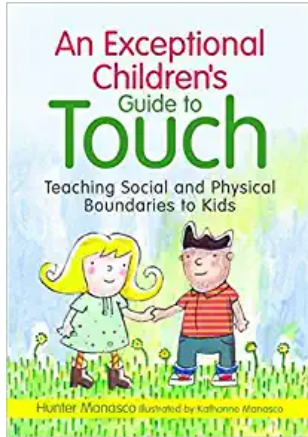
## Resources: Sexual Abuse & Support



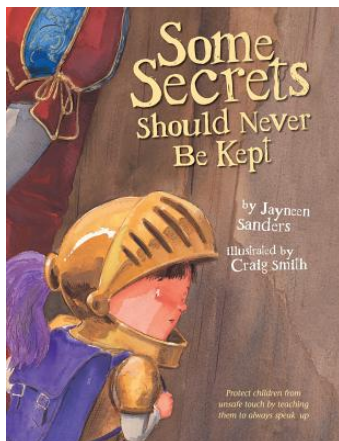
1. Author Evelyn Lang has written a number of books that are age appropriate and discuss difficult subjects. Visit her website [here](#).
2. **Committee for Children:** If your child discloses sexual abuse, what do you say? What do you do? Informative [video](#) for parents who are navigating this difficult subject.



3. Melissa Carnagey, renowned sexuality educator for youth and families, walks you through over 150 conversation starters, reflection exercises, and activities you can begin implementing at every age and stage on topics such as: bodies, feelings, safe and unsafe touch, consent, relationships, menstruation, pleasure, online porn, gender, sex, and more. This book is perfect for any parent or caregiver that's ready to normalize the talks and become the trusted adult we all needed growing up!
4. **HuffPost [Article](#):** **How To Talk To Your Kids About Sexual Abuse** by Caroline Bologna.



5. The rules of physical contact can be tricky to grasp and children with special needs are at a heightened risk of abuse. This friendly picture book explains in simple terms how to tell the difference between acceptable and inappropriate touch, thereby helping the child with special needs stay safe. Each story covers a different type of touch from accidental to friendly to hurtful and will help children understand how boundaries change depending on the context. It explores when and where it is okay to touch other people, when and where other people can touch you, why self touching sometimes needs to be private, and what to do if touch feels inappropriate.



6. Some Secrets Should Never Be Kept: Protect children from unsafe touch by teaching them to always speak up
7. **Sex Positive Families Podcast:** Talking Tricky People, Healthy Boundaries & Unsafe Touch.
8. **RAINN: National Sexual Assault Hotline.**
9. **Stop It Now!** Stopping sexual abuse organization, offers training and guidance for professionals working with Youth-Serving Organizations.
10. **Consent Videos by AMAZE.** Fun, animated, inclusive and sex positive short videos to help tweens and teens learn about consent, personal safety, and healthy relationships.