

## Media Literacy

1. [Parents' Ultimate Guide to Parental Controls \(Common Sense Media\)](#) Do you need parental controls? What are the options? Do they really work? Here's everything you need to know about the wide array of parental control solutions, from OS settings to monitoring apps to network hardware. By Caroline Knorr via Common Sense Media.
2. [Keep It Real Online](#) Education and resources for parents, caring adults, and young people to learn about online safety, porn literacy, cyberbullying, sexting, and media literacy. Created by New Zealand Government.
3. [Media Literacy Videos by AMAZE](#) Fun, animated, inclusive and sex positive short videos to help tweens and teens learn about media literacy, porn, sexting, and safety online
4. [Digital Do's \(Every Body Curious Video Series\)](#) Being connected is awesome but nothing done online is really private. Everyone is in control of how much or how little they share and knowing how to use social media and the internet safely is the best protection
5. [Screenwise: Helping Kids Thrive \(and Survive\) in Their Digital World](#) Screenwise offers an encouraging perspective on how to thoughtfully guide kids in the digital age. Many parents and educators worry that kids are addicted, detached, or distracted because of their digital devices. Digital Citizenship expert Devorah Heitner, however, believes that technology offers huge potential to our children—if parents help them.
6. [How to Stay Safe Online \(Six Minute Sex Ed Podcast\)](#) This episode of the Six Minute Sex Ed Podcast is a level two, perfect for tweens, teens, and up. Listen to it as a family to learn together and discuss.
7. [Let's Talk About Nudes \(Six Minute Sex Ed Podcast\)](#) This episode of the Six Minute Sex Ed Podcast is a level two, perfect for tweens, teens, and up. Listen to it as a family to learn together and discuss.
8. [Cyberwise.org](#) Learn how to teach kids to use technology safely and wisely here where no grownup is left behind.
9. [Scarleteen.com](#)
10. [How to Talk About Porn](#) Become an Askable Parent with AMAZE. In this episode, host Christine Koh talks with Melissa Pintor Carnagey of Sex Positive Families about mainstream versus ethical porn, what to do if your child is seeking out porn, how to create a sex positive culture in your family, and more.
11. [Porn Talks: A Guide for Families](#) Helping parents and caring adults have shame-free talks with children and teens about online porn and media literacy.

12. [How To Talk To Your Kids About Porn](#) The idea of talking to your child about pornography may feel terrifying, humiliating or just straight-up awkward. But it's a necessary conversation for parents who want to raise kids with a healthy understanding of sex.